Powerline Press NEWSLETTER



A Supplement of Oklahoma Living Published by Lake Region Electric Cooperative for its members.

July 2023

LIFELINE & ACP

Two government assistance programs are available that provide discounted internet service for eligible low-income households.

Lake Region Technology & Communications Internet participates in the Affordable Connectivity Program (ACP) and Lifeline, which provide discounts on internet service to qualifying consumers. Created to ensure all families have access to high-speed internet regardless of income, these programs together can help reduce your internet bill by as much as \$75.00 per month. These are two different programs; if you only qualify for Lifeline, it will reduce your bill up to \$34.25 per month. Also, Lifeline will help cover the cost of a home phone service only up to \$30.25 per month. Consumers must meet income-based requirements or already participate in Medicaid, SNAP, SSI, Federal Public House Assistance, or the Veterans Pension and Survivors Act.

Qualifying for Lifeline benefits automatically qualifies individuals for ACP benefits. Each program's income qualifications differ, so be sure to review both eligibility guidelines. Qualification is issued per household, not per person, and the benefits can be applied to cell phone providers or internet service, **but not both**. Lifeline benefits are non-transferable to another person.

Members can find out if they qualify for Lifeline



FAST INTERNET ► (for real)

Lake Region Internet Service

Regular Price 100 Mbps with Router

\$68.94/month

After ACP & Lifeline

\$0/month

online at https://nv.fcc.gov/lifeline. To learn more about these ACP benefits, visit https://getinternet.gov. When signing up online please make sure you are not on a sponsored site by some other company. If you need further assistance, you can always visit our website lakeregionfiber. com/lifeline-assistance or call our billing department at (918) 772-6904.





A SPECIAL WEEK

Co-op employees volunteer at **Special Olympics Summer Games** in Stillwater

A group of volunteers from 23 electric cooperatives across the state of Oklahoma joined forces in Stillwater during the month of May to offer their assistance at this year's Special Olympics Summer Games. One of the larger volunteer groups of 150 dedicated co-op employees helped make this event possible. Four individuals from LREC volunteered, Juanita Keener, Paula Poteet, Josh Buechele and Gloria Shankle proudly represented LREC.

"I was privileged to be a volunteer at the Special Olympics. It was very humbling to be a part of type of event . I am extremely proud to be an employee of a cooperative and to be a part of such a special event," said Gloria Shankle.

Attracting approximately 4,000 athletes from all corners of the state. Spanning three days, the event featured a wide range of competitions, including track and field, bocce ball, bowling, golf, horseshoes, powerlifting, basketball, and softball.

"Seeing the huge smiles of pure happiness on the participants' faces whether they finished first, in the middle, or at the end was amazing. The participants' happiness and joy are truly inspirational and contagious. Helping to bring happiness to others is very rewarding. I felt very



Left to right: Juanita Keener, Paula Poteet, Josh Buechele, Gloria Shankle

privileged to be given the opportunity to be a part of the phenomenal Special Olympics," said Paula Poteet.

Beyond the invaluable volunteers working at the Special Olympics, the LREC Foundation, Inc. goes a step further in supporting the Special Olympics by donating funds to local Special Olympics teams each year.

This financial aid is made possible through the LREC's Operation Round-Up program, where LREC members have the option to round up their monthly electric or fiber bills to the nearest dollar, thereby contributing to these worthy causes.



Operation Round-Up Reminder

LREC's next Operation Round-Up grant disbursement meeting will be held on July 26th and again on October 25th. The deadline to have applications in is July 1st and October 1st. If your organization or an individual could benefit from a Lake Region grant, please apply today. An application can be found at: www.lrecok.coop/ operation-round-up

Electric Smokers & Thermometers



Transform your outdoor cooking experience with electric smokers and smart meat thermometers! These cutting-edge appliances give a modern culinary touch, ensuring you excel in preparing delicious dishes effortlessly.

Electric smokers ignited with a simple button press eliminate the need for traditional fuels and other hassle-free storage and relocation. With extended heating elements and temperature stability, enjoy seamless cooking sessions and minimal maintenance requirements.

Smart meat thermometers also provide accurate temperature readings and real-time monitoring, ensuring your dishes are cooked to perfection. Connected to your smartphone, these devices alert you when your meat reaches the desired doneness.

Get ready to grill and thrill adding a touch of modern electric magic to your outdoor feasts and flavor fests!

You can purchase an electric smoker at home improvement stores and Walmart. 1726203

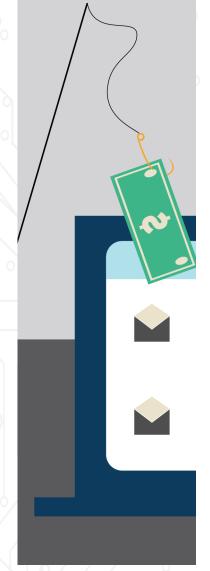
Cyber A



Safety

BE AWARE: Don't fall victim to cyber scams Here Phishy, Phishy

Email phishing scams come in all shapes and sizes: fake invoices. account expirations and upgrades, fake Google docs, bank account issues. IRS refunds, and a few generous foreign princes looking to offload some cash. Regardless of which scheme they're using, scammers are looking to get you to click on a link or attachment to gain access to personal details and banking information or install a virus on your device. A few obvious red flags tell you an email is a scam: generic greetings and closings, grammar and spelling errors, unsolicited attachments, emergency or threatening language, and unfamiliar hyperlinks. But not all scam emails are this easy to spot, so always double-check the sender's email to ensure it is coming from a verified source. The



same rings true for any links included within a suspicious email - you can view the URL by hovering over the link with your cursor without clicking.

Local Students Participate in Summer Fun and Learning at Energy Camp

Lake Region Electric Cooperative (LREC) sent two exceptional students to Energy Camp last month with 75 other eighth-graders from across the state. The 2023 Energy Camp was held from May 30-June 2 and included fantastic experiences like climbing a utility pole and getting a bird's eye view of camp from the top of a bucket truck. The students also learned about different equipment and the importance of the equipment the linemen use to stay safe and provide power and also enjoyed plenty of swimming and sand volleyball.

The campers learned about electrical safety, the cooperative business model, and leadership skills. They were also given the chance to elect their own Energy Camp Board of Directors. The Board of Directors had an opportunity to interview candidates and hire a Manager of Energy Camp from the camp

delegation and form their own camp cooperative.



Molly and Maggie Dozier of Porter Public Schools represented LREC. The students were remarkable representatives of LREC and the community. More information on Energy Camp can be found online at https://oaec.coop/co-op-difference/youth-community/energy-camp

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Office Hours

Monday-Friday 8:00 a.m. - 4:30 p.m. Telephone 800-364-LREC or 918-772-2526 Website:

www.lrecok.coop www.lakeregionfiber.com

Locations

Hulbert, Wagoner & Tahlequah, OK. **Main Office Address** P.O. Box 127 Hulbert, OK 74441

Hidden Account Number

Look for your account number hidden in this issue of the *Powerline Press*. If you find your number, Lake Region Electric will credit your next bill. To claim your credit, notify LREC's Hulbert office by phone during the month of publication.

The amount increases by \$10 with each issue your prize goes unclaimed to a maximum of \$50.

Cooperative bylaws are available upon request at Lake Region Electric Cooperative's office in Hulbert.



